

## Sano Vitae Fitness

Sano Vitae Health & Fitness Club, based in the Clarion Hotel, Liffey Valley is offering a **3 month membership** deal for

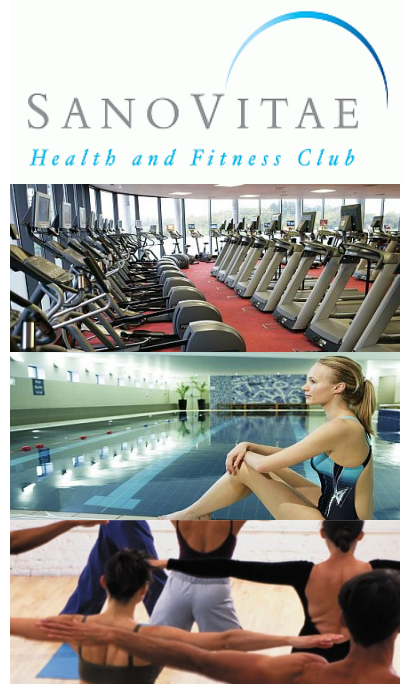
**€99** (normal cost is €195).

This offer allows the user to avail of all the facilities in the Centre, from 10am-3pm, Monday to Friday. Facilities include 20m pool, sauna, steam room and gym and Free car parking for up to 3 hours.

**Contact:** Noelle Griffin,

**Tel.** 6258080,

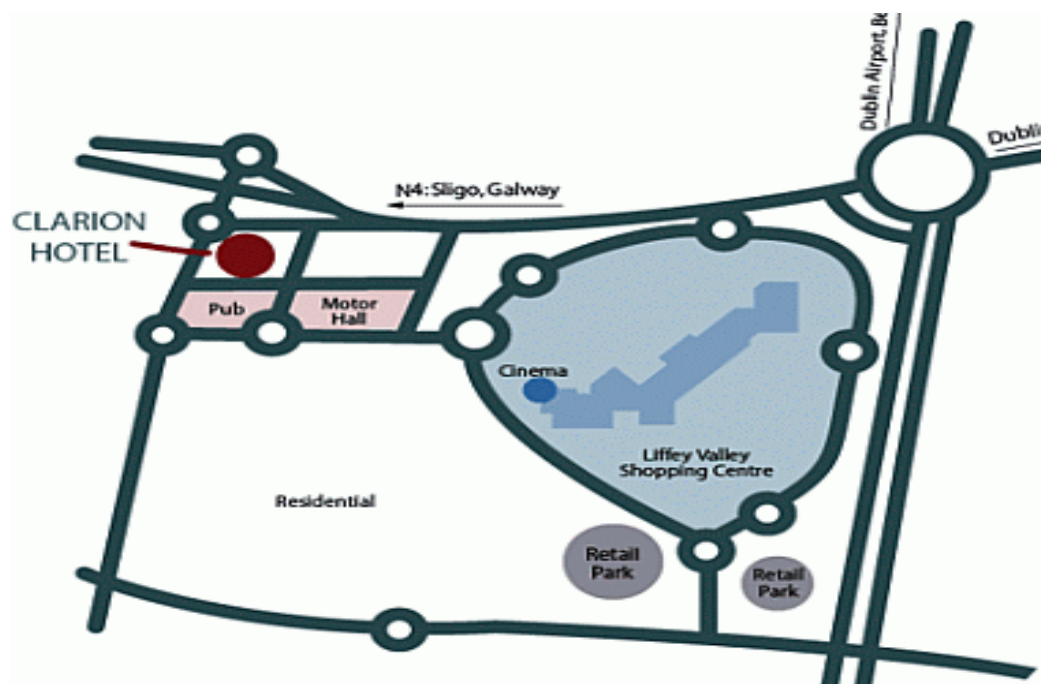
**EMAIL** ngriffin@sanovitae.com



2010

**Great Reasons to be a Sanovitae Member**

 <b>1</b> Friendly Staff that know your name <b>2</b> 20m Heated Ozone Pool, Sauna, Steam Room <b>3</b> 100 pieces of gym equipment  <b>4</b> Personalised Programme – 6 wk re-assessment <b>5</b> 20+ Free Classes weekly	<b>6</b> Personal Trainer Matt Corbett from PHI <b>7</b> BodyPump and BodyBalance <b>8</b> 10% off food in Kudos and Sinergie <b>9</b> Swimming Lessons available <b>10</b> Complimentary Car Parking (3hrs)	 Clarion Hotel Liffey Valley Tel: 01 6258080
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*Sano Vitae Fitness Location Map*